

BELGIUM & LUXEMBOURG

Name	Frequency MHz	Remarks	Runway	Elevation	
ANTWERPEN TWR	135,200				
BALEN / KEIHEUVEL	119,200	123.500 GLD	07/25	40 m	131 ft
BEAUVECHAIN APP	122,825				
BEAUVECHAIN TWR	122,100	122.500 if no contact			
BELGA INFO (MIL)	129,325				
BRASSCHAAT	122,900	XC 124,500	18/36	23 m	76 ft
BRUSSELS APP	118,250				
BRUSSELS APP	126,625				
BRUSSELS ATIS	132,475				
BRUSSELS FIC	126,900				
BRUSSELS TWR	118,600				
CHARLEROI APP	133,125				
CHARLEROI ATIS	134,625	CHARLEROI INFO			
CHARLEROI TWR	133,125				
DIEST / SCHAFFEN (MIL)	118,925	P - XC 135,925	06/24	31 m	100 ft
FLORENNES APP	122,500				
FLORENNES TWR	122,100				
GENK / ZWARTBERG	120,400		03/21	85 m	278 ft
GOETSENHOVEN (MIL)	125,375		06/24 17/35	75 m	246 ft
HASSELT / KIEWIT	118,325		09/27	43 m	141 ft
KLEINE-BROGEL APP	122,500				
KLEINE-BROGEL TWR	122,100				
LEOPOLDSBURG / Beverlo (MIL)	125,525		08/26	63 m	207 ft
LIEGE APP	119,275				
LIEGE ATIS	126,250	LIEGE INFO			
LIEGE TWR	119,275				
LUXEMBURG APP	118,900				
LUXEMBURG TWR	118,100				
NAMUR / SUARLEE	118,000	P	06/24	181 m	594 ft
NOETRANGE	126,950	P		464 m	1522 ft
SAINT-HUBERT	123,500	119,700	05/23 14/32	563 m	1847 ft
SEMMERZAKE ATCC	129,325				
SINT-TRUIDEN / BRUSTEM	119,975		06/24	75 m	246 ft
SPA / LA SAUVENIERE	124,750	P	05/23	471 m	1542 ft
TIENEN TWR	125,375	XC 124,500			
USELDANGE	129,970				928 ft
VERVIERS / THEUX	120,325			335 m	1099 ft
WEELDE (MIL)	120,225	XC 124,500	07/25	32 m	105 ft
ZOERSEL / OOSTMALLE (MIL)	123,800	XC 129,975	05/23	16 m	53 ft

use on own responsibility

last changes 30/01/2008

THE NETHERLANDS

Name	Frequency MHz	Remarks	Runway
Amsterdam FIR	132,350	Dutch Mil Info	
Deelen TWR	122,100		
Eindhoven ATIS	126,025		
Eindhoven TWR	131,000	122,475 GLD	
Gilze-Rijen TWR	125,325		
Hoeven/Seppe	120,650	Seppe Radio	07/25
Hoogeveen	127,350		
Maastricht APP	123,975	contact first TWR	
Maastricht ATIS	124,575	Maastricht Info	
Maastricht TWR	119,475	Beek TWR	
Schinveld	123,500		
Terlet	130,125	123,350 GLD	
Volkel TWR	133,425		
Weert/Budel	122,150	Budel Radio	03/21
Woensdrecht TWR	118,500		
De Peel	123,350		
Venlo	122,500		
Malden	123,350		
Deventer/Teuge	121,000		
Soesterberg TWR	192,920		
Lemelerveld	122,500		
Hogeveen	127,350		

use on own responsibility

last changes 30/01/2008

GERMANY

Name	Frequency MHz	Remarks	Elevation
Aachen Merzbrück	122,875		623 ft
Bergheim	130,125		230 ft
Bitburg	118,700		1223 ft
Borken Hoxfeld Info	122,925		156 ft
Dahlemer Binz	122,375		1896 ft
Daun Senheid	123,350	123,5	1722 ft
Dillingen	130,125		784 ft
Dinslaken	122,700		217 ft
Dinslaken Schwarze Heide	122,700		217 ft
Dorsten-Kanal	123,350		115 ft
Düren Hürtgenwald	123,500		1175 ft
Düsseldorf	123,150	123,35 of 123,50	147 ft
Emmerich Palmersward	123,150	123,35 of 123,50	52 ft
Erkelenz Kückhofen	120,975		n/a
Erkelenz Oberwestricher Mühle			262 ft
Geilenkirchen Info	129,975		296 ft
Geilenkirchen Tower	122,100	Calsign : Frisbee Twr	296 ft
Goch Asperden	122,200		52 ft
Grefrath Niershorst	123,625		105 ft
Grevenbroich	123,500		
Heinzberg Aphoven	123,425		
Hilden Kesselweier	123,375		295 ft
Hinterweiler	123,425		
Kamp Lintfort	123,000		80 ft
Kell	123,150		1755 ft
Kerken	123,425		n/a
Kleve Wisseler Dünen	123,150		59 ft
Konz Könen	123,350	123,5	705 ft
Krefeld Egelsberg	122,850		141 ft
Langen Radar	129,875	Frankfurt FIR	n/a
Langenfeld Wiescheid	122,475		
Meiersberg	130,125		
Mönchengladbach	118,125		125 ft
Morschenich	123,425		n/a
Neumagen - Dhron	118,175		879 ft
Niederrhein Tower	129,400		106 ft
Nörvenich	136,200		386 ft
Saarlouis - Düren	122,600		1120 ft
Sevelen	123,500		98 ft
Soller Vettweis	123,425		n/a
Spangdahlem	122,200		1197 ft
Stadtlahn Vreden Info	119,200		157 ft
Stolberg Eschweiler	123,500		853 ft
Trier Föhren	122,050		665 ft
Utscheid	123,350		1391 ft
Weilerswist Müggenhausen	123,425		n/a
Wershöfen/Eifel	122,400		1582 ft
Wesel Römerswardt	122,025		72 ft
Wesel Römerwardt	122,025		

use on own responsibility

last changes 30/01/2008

	90	80	70	60	50
990	2550	2240	1940	1630	1330
995	2590	2280	1980	1670	1370
1000	2630	2330	2020	1720	1410
1005	2670	2370	2060	1760	1450
1010	2710	2410	2100	1800	1490
1013	2740	2430	2130	1820	1520
1015	2750	2450	2150	1840	1530
1020	2800	2490	2190	1880	1580
1025	2840	2530	2230	1920	1620
1030	2880	2570	2270	1960	1660
1035	2920	2610	2310	2000	1700
1040	2960	2660	2350	2050	1740

ft	m
500	152
600	183
700	213
800	244
900	274
1000	305
1500	457
2000	610
2500	762
3000	914
3500	1067
4000	1219
4500	1372

RT

- 1 : callsging
- 2 : aircraft type
- 3 : VFR /IFR
- 4 : departure
- 5 : destination
- 6 : position
- 7 : altitude
- 8 : ETA airspace
- 9 : requested altitude & route

transponder codes

- 7700 : emergency
- 7600 : radio malfunction
- 7500 : hijack
- 7000 : VFR